



FOOD:

Wild rice and squash complement a turkey soup **P. 12**

GARDENING:

Autumn sedum adds late-season splash of colour to yard **P. 24**

WINE:

Californian Cabernet Sauvignon a soul-warming red **P. 27**

MAPS OF A LIFETIME

**JACK MOLLARD'S
70-YEAR-CAREER
IS THE HEIGHT
OF DEDICATION
P. 4**



READ MY BOOK

LOCAL AUTHORS: Writers tell us what makes their book worth reading

RYAN THADDEUS

Pure Baseball has something for everyone

Set in 1904 Montreal, *Pure Baseball: The Carl Jackson Legend* is the story of an all-time greatest baseball legend of your time, who was rumored to have lusted one thousand.

The story recounts the mythical shagger's journey leading to the controversial ending to the American League Championship Series of 1906. It is told through the mythical eyes of a grandfather to his young grandson. More than just trying to pass on his story, George is trying to convey some of the most important lessons in life. In doing so, an entire era of baseball history comes alive.

I wrote this story at a point of great change and spiritual clarity in my life. Upon discovering the path to true life satisfaction lies in using and developing personal gifts/skills, while taking the necessary steps to achieve personal goals and dreams, I have found a



Ryan Thaddeus

peace, happiness and direction as I have never known.

My own understanding of the one universal consciousness as an inextinguishable source of all things, including the energetic nature of reality itself, has allowed me to take stock and purposefully set the course of my own life. *Pure Baseball* is a testament to that understanding.

It is yet another teaching of the great universal laws that govern us all. The same laws as taught by spiritual leaders such as Jesus and the Great Buddha, and philosophers, scientists and thinkers like Socrates, Einstein and Tesla. And, like these great thinkers, stories traditionally have taught us to follow our dreams wholeheartedly regardless of the consequences.

By consciously learning to control our thoughts and actions, we might be surprised again to find magic in this world. Carl Jackson is a man manifest of this ancient philosophy.

The layers of meaning run deep in this unassuming short story. It is for those needing an idea of hope or enlightened thought. It is for baseball fanatics, casual fans and for those who enjoy history, conspiracy theory, critical thought, classic literature or just a good bedtime story. *Pure Baseball: The Carl Jackson Legend* has something to inspire young and old. There is most certainly a reason it has been referred to as "The Little Baseball Bible."

I was born and raised in rural Saskatchewan and currently travel the globe as a writer

and semi-professional baseball player. In 2013, I started a volunteer program called *Actively Play to a Little League*. I am a Canadian, Latvian, bringing creative writing and thought to schools.

My book can be purchased at drivetowrites.ca/*PureBaseball* gpb and at select bookstores and gift shops. I can be contacted through email: ryanthaddeus@hotmail.com



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Geologist Jack Ingham has worked and lived seven continents, done presentations before the United Nations and consulted with NASA in the exploration of Mars colonization. QC wants to know more.

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Autumn crocuses grow up to 75 centimetres tall. PHOTO BY JIM CALHOUN

QC COVER PHOTO BY DON HEALY

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ON THE COVER

I think I know Canada just about as well as anybody. — Jack Mollard

GEOLOGICAL ENGINEERING

Mollard's career 70 years and counting

By Ashley Martin

Jack Mollard never meant to enter an icy, stormy weather.

But he had to during a late October flight over Lac La Martin, the third largest lake in the Northwest Territories. It was either jump in voluntarily or founder in a helicopter.

During Mollard's last flight in the Arctic, about 58 years ago, he and a pilot were flying out of the Mackenzie River Valley, where Mollard, a geological engineer, was mapping out pipeline routes. It was a "1,000 mile hop in our chopper" from La Ronge to Yellowknife. The lake — 300 kilometres long and half as wide — had several islands covered in massive boulders. Off the shoreline of one of them were two red oars of jet fuel on floats waiting for them to refuel for the rest of the journey.

But they couldn't find the fuel, and the helicopter was on fire.

"The pressurization starts coming off my doors," Mollard recalled. "We're out of gas and we're over a big lake and it's cold."

Circling, circling, they finally spotted the oars. That's when the pilot asked if Mollard could swim.

"Not very damn good," he replied. "I won't be half as good with all these clothes on." (The pilot says, "We've got no choice.")

Mollard climbed out of the helicopter and the pilot lowered him into the water. Up to his neck, he had to ferry the gas oars onto the shore — searching for a spot where the boulders were four feet or smaller so the skids could land.

The water was "cold, oh my God," Mollard remembered. "I wouldn't tell whether it was better to have a lot of clothes on or fewer clothes on at that time of year."

But all a well that ends well, and Mollard, 81, is here to tell the tale.

It's one of 30-some near-death scrapes he lived in over decades of work.

In northern Canada alone, he



Jack Mollard is his Regina home with his wife Mary Jean, who he met while a PhD student at Cornell University. (Globe and Mail photo by David Hume)

travelled at least 30,000 kilometres in a helicopter, sometimes during which he was chased by a bald eagle, dropped 1,000 feet by a wind shear

and did a midnight landing landing out of the chopper with a flashlight.

"I think I know Canada just about as well as anybody," said Mollard,

which he guesses is why he was awarded the Order of Canada in 2009. He helped map three national parks — Pacific Rim on Vancouver

Island, Grosventres in Saskatchewan and Gros Morne in Newfoundland — and did much of his work in the territories.

(He) chose to set up his practice here and has worked worldwide, Canada-wide, highly recognized as a leader in the field.

—Lynden Penner



Jack Mallard Aug. 25 1979 LEADER POST VIA PHOTO BY GUY HOLT



Jack Mallard (center) with his PhD team from Cornell

"He's one of a kind. He's pioneered the art and science of map photo interpretation," said Lynden Penner, president of JLD Mallard and Associates since 2008 when Mallard sold him the company he founded in 1996.

Using remote sensing to map portions of the Earth, a new science when Mallard started using it in 1963, he saw the world through his work.

In Ceylon (now Sri Lanka) he saw people throw in bare feet. In the middle of the jungle, he met a teacher who recognized him from his PhD days at Cornell. He visited elephants just by open pit dugested mines.

Mallard has a lifetime of stories, and he knows it.

"This is going to go on for ages," he said during a break between meetings. His favorites cropped up several times. "We're probably going to be here for two or three days."

His office in the Award Tower — there since the McMillan 140 Tower as his former home, was completed in 1983 — overlooks his favourite building in Regina. The "Enclave" says gold Saskatchewan building, designed by his friend Joe Pettko, "a vision

ary if there ever was."

For that building, they dug 30 feet below the surface to create a "good foundation" to the Regina casino, said Mallard — something he knows all about.

"I spent my life doing those things. I don't know how many places we've landed, and every day has to have a foundation."

In seven decades, Mallard has earned 60 honours including the Saskatchewan Order of Merit in 2013 and dozens of geological awards. He authored three textbooks, presented to the United Nations and lectured at Harvard. His academic relationship at the University of Regina has supported engineering students in the town of \$100,000.

Consulting on projects in more than 50 countries on all seven continents, Mallard became familiar with topography all over the world, the most unusual of which are reflected in his hundreds of keynote aerial photos.

His "absolutely fascinating patterns of the Earth that people don't know they even exist" — gas gas near Tuktoyaktuk gullies near Lethbridge, square lakes between

Yukon and Alaska, sand dunes in southern America.

In pictures tinted black and white and blue and pink and green, an old lake lake near Osoyoos looks like an impressionist painting, an eight-kilometre-long lake in northern Quebec resembles a profile of George Bernard Shaw, and centers on Mars match themselves.

And he got to know it all from his kitchen.

"Sixty years to set up his practice here and his worked worldwide Canada-wide, highly recognized as a leader in the field," said Penner. He could have really gone anywhere and pursued a bigger practice — but he is very committed to Saskatchewan.

"Things have sort of gone my way," said Mallard. "I've had a more relaxed life."

At the height of the Depression, when Arthur and Nellie Malherbe's Watrous-area farm was yielding sugar, indurated Nialla chose a new field. She started breeding St. Bernard dogs.

Continued on Page 8

I was sort of the first guy doing a lot of interdisciplinary use of air photos, mapping, in resources, soils and geology and engineering and forestry and so on. — Molard

Jack and his brother George built the crates for the paupers, which were shipped across the Americas and as far away as Portugal.

Every day Jack would make 30 gold bars of porridge, mixing in chopped cabbage and sausage, to feed an average of 30 kids. He'd hand a goldfish to those next into the food.

The year has been busy for the largest 51-Borned immigrant in North America was the year Molard started going to business in his life. He'd been for 18 years old enough for Claire needed supervision at the weekend address, so 17-year-old Jack got to tag along as his sister's chaperone.

Claire chose the time and when they got to that now 87-year-old Montreal French institution, they'd both cut a rug. "I go out there now and they're all in the 1970s, talking."

When Molard looked to the University of Saskatchewan for civil engineering, his future field of air photo interpretation didn't even exist.

He completed his bachelor's degree with the Second World War raging on, through many fellow students passed up and didn't see graduation, including his roommate who died on his first flight over.

"I knew (the military) needed engineers that were at a level that were beyond people that go out and shoot," said Molard. In his first year, his class was told: "We need you as of doors to go in because you're building dams and you're building bridges and we need you to have enough background to do that."

"Of course, there was a lot of talk if you went down for a year and they were in the army or air force, they'd say 'Why are you at university?' You should be in the air force!"

Molard lost many high school friends during the war.

"That was the hardest thing of my life, the very hardest, because you see your friends being killed."

He enlisted when he graduated, but the war was over before he saw action.

Molard headed to Indiana's Purdue University in 1945 for his master's in engineering.



TOP LEFT: Jack and George Molard, the brothers who built the crates for the paupers, which were shipped across the Americas and as far away as Portugal. TOP RIGHT: Jack Molard, a pioneer in the use of air photos, mapping, in resources, soils and geology and engineering and forestry and so on. BOTTOM: Donald Betcher, who had a hand in the development of the first aerial photo interpretation unit at Purdue University in 1945.

As "a bit of a rock band" as a kid, when he got there he was intrigued by the aerial imaging work of pioneering professor Donald Betcher.

Molard was the third student to study air photo interpretation under Betcher, who had "a hand in the development of the first aerial photo interpretation unit at Purdue University in 1945."

"I knew it was new and I knew it was coming in right at the tail," said Molard. "That resulted my first

thought that I was doing something new."

This new field of aerial photo graphic studies used photos to help plan many major projects like pipelines and dam sites, roads, cities and national parks. The air photos served as a map.

His first project at Purdue was locating landing strips for air ports in Alaska.

After completing his master's in 1949, Molard returned to Saskatchewan to work for the PFRA. He joined his old girlfriend by then at Gerald, in 1950, when Betcher needed help looking for diamonds in South Africa and gold in California.

In 1952, Molard completed his PhD in engineering with a focus in geophysics. He started his company four years later working for PFRA to the interior.

"I was sort of the first guy doing a lot of interdisciplinary use of air photos, mapping, in resources, soils and geology and engineering and forestry and so on," said Molard.

When he'd call Ottawa to order aerial photos (aerial images came in 1955), he'd call on a French secret. Announcing himself as Jacques Molard. "They'd say 'You start, you can't speak (French),'"

he said laughing. Molard has a map with aerial images in a folder using X-rays to diagnose a patient.

"(H)uman is whole bunch of things in your body but he's not looking at them directly like's remote sensing. And when I look at the photographs I look at them in 3D and so even small amounts and big amounts (of earth) stand out."

Pierre uses the same analogy. He can't imagine not having air photos to do his work.

"There would you diagnose a broken leg without an X-ray? It's really really critical and ... we really take it for granted now how easily we see when it is now to see an image of the Earth," said Pierre.

"There's just a much information that you can get so readily from an aerial photograph that if you didn't have that air photo, you would be at a great deficit."

When Patrick Molard was an undergraduate, he told his teacher his dad in "a brother" said Jack Molard. "I was always looking for something in my photos whether it be gravel or groundwater or diamonds or roots or water for dams, for hydro."

Much of his work surrounded the two G's — gravel and groundwater. "Out on the ground, you're just like a farmer wandering around," said Molard. Aerial images provided "data" in more quickly locate resources — the topography can help predict what's underneath the surface.

Viewing photos through a stereoscope. This looking of the earth in three dimensions and the relief jumps out way beyond what you'd see driving a car or flying an airplane. The detail you get is much greater," said Molard.

Continued on Page 8



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His field site's the Canadian Arctic, mine's Mars about 140 million miles away, but you're doing the same things. — Jim Rice

His expertise came in handy when Jim Rice came calling in 1990 for help mapping new astronautical terrain and looking for water on Mars.

Rice, now the geology team leader for the Mars Rover project, was doing his PhD at Arizona State that very day when he came across one of Mailard's books. He decided he had nothing to lose, he sent the "expert" an old-fashioned letter along with some maps and orbital photos of the red planet.

"I didn't know if I was going to hear back from him or not. He might think I was a nut," said Rice.

His worries were for naught. "He started writing it up. And that was cool," Rice said with a laugh.

"I worked at Mars nearly at the outset, because I had 30 or 40 years of experience interpreting the flurbs from the air" at that point, said Mailard.

He had decades of experience working in the Arctic, being up there doing the field work on the ground but also looking at aerial photo graphs and mapping," said Rice. "It's the same kind of stuff. It's just a different field site. His field site's the Canadian Arctic, mine's Mars about 140 million miles away but you're doing the same things."

Mapping Mars was interesting work for men whose trade Douglas Mailard was based on philosophy and theology at Yale. In his youth, Mailard's mind "logged" questioning the origins of the universe.

Rice still sends Mailard photos of Mars.

"He's still sharp and still get that curiosity," said Rice.

When Penner started with the company in 1968, Mailard was 64. Most people at that age would be preparing to retire, but Penner gambled and took the potentially short-term job to learn from Mailard while he could.

"Steve is now nearly 80 years later and Jack's still coming into the office at 81," said Penner.

Mailard has had cancer for 18 years — first in his prostate now in his bones — but even during that time and "nase out of 100 pain, he never missed a day of work."

"I'm still going strong," said Mailard, whose eyes continue sharp even



Jack Mailard still comes into the office of the firm he founded and is a role model for SCAT members. (S. PENNER FOR LEADER POST)

when other things aren't.

"I've been a very lucky guy."

Mailard doesn't hesitate in considering his most significant career move. "There's no question. It was the decision to pursue his PhD at

Carroll University, because he met her with them.

"That's the most important thing in my life."

Mary Jean Lynn was doing her master's in clothing and textiles. They met at a "do" for graduate students where she was wearing the

purple bow, "looking around for good-looking fellows. I thought I'd do it." Mailard said laughing.

He told her he was from north of Moscow.

"I'm a cowboy from Western Canada. Sam Kat choo wan," Mary Jean remembered.

She told him she was from West Virginia and he said he "almost lost her" with his pickup line.

"Did you get those black eyes from working in the coal mine?" he prodded. "Well, that wasn't the thing to say on a first meeting."

"I rolled my eyes," she said.

He came home and he told stories and I thought, 'Now if you fly in any more helicopters, you'll be dead, you won't come home.' — Mary Jean McLeod

He told her he was at Connaught "finding gold and diamonds from the air," so as Christmas time she'd always say: "When the hell are those diamonds and gold?"

One year he returned — sort of. Chopped carrots in a gold-wrapped box, she finally got her gold and "words."

As a thank you "She probably let me in the belly but I can't remember," he said laughing.

Actually, "I checked," said Mary Jean "Jack and I we laugh a lot together."

They married in September 1959 after a honeymoon rail trip across the United States and Mexico. They had a nice welcome in Regina on a frigid February night. In a rented "shack" on the outskirts of town — Albert Street and 21st Avenue — their supper of canned beans had frozen in the trunk at -30 C.

When the beans left the pan it was lump. "She started to cry and she said, 'What kind of a place have I come to?'" he said.

"Jack said 'There's something else in the air, I don't think it's frozen,'" Mary Jean said. "It was I freeze because it was gas."

In the early years of their marriage, McLeod travelled several times to Pukotuk, where he helped survey the entire country as part of the Canadian Colombo plan.

During months long absences, "I cried," said Mary Jean. She kept busy at work teaching basic sciences at St. Thomas School, and had lots of friends and neighbors.

In 1968, when he launched his business, Mary Jean was his secretary.

Their first child, Catherine, came along in 1959, and Jacqueline (Joan) and Patrick followed.

She held down the fort as a stay-at-home mom, and she'd worry about Jack when he was away.

"He came home and he told stories and I thought, 'Now if you fly in more helicopters, you'll be dead, you won't come home,'" she said. "It was scary."

"Mary Jean realized that I might have situations where I'd never come back — but she never said, 'No, I'm going to stop you from going,'" said Jack.

In spite of a few close calls, he always made it back.

They still live in their own home — after two upgrades. It's their third house on the same corner of McCallion Avenue.

McLeod and his 96-year-old wife go out a lot to the library to the Globe Theatre, to north-end restaurants. They attend church almost every Sunday at St. Paul's Anglican, a recent switch after 40 years at Lakeview United, a church of Jack's denomination.

To Mary Jean's delight, Jack went to St. Luke's when he had surgery last year.



Mary McLeod looks over maps in February 1959. (LARRY HART FOR THE POST BY JENNIFER SCHULTZ)

Jack's wife's father took to him than took to the business.

They have conversations about the news, about their health, about their kids and three grandchildren.

"Jack's been easy to live with and he's not as much afraid and that makes it easy," said Mary Jean. "He's very easy to get along with. I'm always glad that he asked me to marry him."

"We tell each other we think a lot of the old celtic," Jack said. "We do a lot and we have similar friends and we enjoy life."

For Jack, part of enjoying life means continuing to work.

"He's still looking at air photos, he's still reading papers and articles," said Patricia. "He says it himself, he's not out of it at home and read or watch TV or golf or whatever. This is what he enjoys."

"I really like having him, in the office and the younger staff get to interact with him — (I couldn't have a more positive role model for anybody to look at and try to follow)."

In any kind of business, you need people who are competent, energetic, but it's really easy to meet somebody who's just a good person and a good citizen and just a genuine good human being," said Alice. "Jack's definitely one of those."

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ASK ELLIE

Boyfriend's 'soulmate' would have been unbearable

Q: My fiancé has a female best friend who also has sort of crush on him and has been pursuing him.

They meet weekly for several hours and have a relationship that we don't, but without sex.

He's told her everything and they think their souls are aligned because they're often thinking similar things.

I incredibly read about a dream he had about her... that she was his past life and suddenly she became me.

They're starting a business and she helps him, he's consulting heavily on it. She always agrees with what he says and also makes him feel infinitely less I'm not very helpful for his dreams.

I feel very jealous and disappointed that I don't have this close relationship with him. Also, while he's so intensely attached to her I haven't a chance to get really close.

I told him that eventually he has to make a choice.

He just shrugged me.

Devastated

A: You and he both could see where this was going, and he apparently did

nothing to reassure you or comfort you in any way.

Jealousy says your energy and your self-worth isn't better to be treated with him, than to continue accepting their closeness and her competition with you.

"To play a marriage with someone so uninvolved with a different 'soulmate' wouldn't be a good idea."

Obviously she changed, because your good sense should be telling you that it's for healthier emotionally for you to move on.

Q: I'm a Grade 8 student (age 13-14) and am very thin and weak. I'm constantly losing weight because everyone else becomes 13 or not very strong and would be looked up to by anyone my age—I weigh less than 70 pounds.

There's a very strong boy in my class—he weighs about 150 pounds, but he's not tall. He likes to mess around with me, and usually picks on me.

He enjoys teasing me for my physical weakness almost any time we sit at our desks in our classroom.

Ask Ellie



more, he'll tell me to continue and then force me to the ground or outside me is struggle.

Or when everyone else has gone off the school bus, he'll lead me to the back and push me against the wall or a wall.

I know that the other kids sometimes find pleasure in seeing me making. The girls usually dismiss this as a joke, "or" survival of the fittest."

The bullying is most likely also related to a girl he's recently was with. She probably likes me because I'm a "poor little shy boy" but she's always been very kind and nice.

None of the adults are really helping either. It's not easy for me to speak out about this, with my class through the

advantage. How should I inform my teachers of my discomfort without blowing it up into a huge issue?

The Weakling

A: You're actually pretty strong and courageous to have tried to deal with those years, it's a real credit to you. But I predict you'll outdo this bully in many ways in the real life of adulthood.

But for now, just stand your support. There must be zero tolerance for bullying in schools and society.

However, racism among young people can be a lot more for themselves and maturity.

Talk to your parents and have them—or another trusted adult—go with you to your school principal. Bring a list of incidents that have happened with this tormentor. If nothing else, contact the school board, if necessary.

Reporting school board, if necessary, or others.

Speak up

Q: I'm a man, 40 years old, married, working for my mother. 40 is a one-bedroom apartment for 10 years.

I work a seasonal labour job, then cook, shop, do laundry, while the only watches TV and completes.

I read my books.

A case living 100 miles away would take her, but my mom says she'll do them.

My sister won't care for her due to their past abusive relationship.

When I suggested Mom live with her grandchildren, she's threatened suicide.

My chronic depression's become crippling.

Should I just live and never speak to my family again?

Desperate
A: See your doctor immediately to treat your depression, and a therapist to help make decisions you can handle.

Consider community support services for the elderly (free or subsidized), as more your mother's problems, and contact your social worker.

Consider that "The story can provide a possible trend or smooth break for you. Mom won't 'die' there. She'll just complain.

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FOOD

#TURKEY SOUP

Wild rice, squash complement soup

By Renee Kohlman

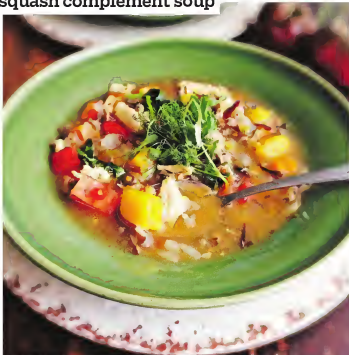
If you enjoyed turkey at your Thanksgiving dinner then no doubt you'll have a pot of turkey bones bubbling away on your stove at some point this week. My mom boiled the first one this year and she did something extraordinary: She roasted a lettuce of bacon on top of the 22-pound bird. I repeat: Turkey, covered in bacon.

It was a glorious sight to behold. I was so excited I began to take a photo, and that's saying something. The bacon infusion could be detected throughout the meat, and oh my, the gravy. So good. So, if you want to switch things up this year for the holidays, you can't go wrong with cloaking turkey in bacon.

My mom gave me a bag of turkey bones to take home — talk about a goodie bag — and the next day I brought out my meat soup pot. I tossed the bones in, covered them with water, chunks of onion, celery and carrots and let it all simmer the day away. Given my thrifty nature, I habitually use my vegetable scraps from whatever meal group I'm doing and just tack them away in a freezer bag as I go along. That way when it comes time to boil up some bones, I already have my veg, no need to chop up fresh onions, celery, carrot, etc. Also, fresh parsley, garlic, pepperoncini and a pinch of whole cloves are necessary add-ins for stock.

Let it simmer long and slow with bubbles just breaking the surface. You'll get a richer flavour than just boiling the broth out of it for one hour. Remember: most good things in life take a good long while.

This is a great soup recipe to have in your back pocket when you have a bag of turkey bones in your fridge. Of course you can make it with boned chicken broth, but the flavour won't quite be the same. I thoroughly enjoyed the chew of wild rice in this soup. I cooked it separately, then just stirred it in at the end before serving.



Turkey Soup with Wild Rice and Squash is a great recipe to have in your back pocket. PHOTO BY RENEE KOHLMAN

FOOD



Fresh tomatoes and bunches of parsley and dill make this soup colorful and delicious. **PHOTO BY BUNDA RUNMAN**

Fun fact: Wild rice is actually an aquatic grass, not rice at all. Also, southern Louisiana produces the majority of Canada's wild rice, with close to 300 independent wild rice growers having crops in lakes and river systems. The plant was first introduced here in the 1800s with the intention of providing food for the migrant population which would in turn benefit the shipping industry. Today it's a favorite ingredient among those of us who love to cook.

It's aquatic goodness out there in the markets, and butternut is my favorite, though any will do in this recipe. Here the proverbial pumpkin. Well, it's the Sinkholes, Peasants. Minel gives amazing varieties of pumpkins and squash — a decent size melon can be had for just a few dollars.

Fresh tomatoes and handfuls of parsley and dill make this soup colorful and delicious. Don't forget the sprouts of fresh lemons — it helps increase the vitamin content of the broth. And no, I don't have good calcium in for us, right? Gotta keep those bones strong, they carry us to and fro, taking us on adventures that will hopefully last a good, long while.

Turkey Soup with Wild Rice and Squash

- 1 1/2 cup wild rice, rinsed
- 2 cup olive oil
- 1 large onion, sliced

- 1 1/2 cups butternut squash, sliced
- 1 cup carrots, sliced
- 2 cups pork, minced
- 2 cup milk dried ricotta and/or goat
- 2 cups turkey stock (or chicken stock or veggie stock)
- 2 cups shredded turkey meat
- 2 cups fresh tomatoes, chopped
- 2 cups arugula or spinach
- 1 cup sliced parsley
- 1/2 cup of 3 lemons
- 1 cup maple syrup
- salt and pepper
- 1/2 cup olive oil
- 1/2 cup olive oil

In a soup pot, bring the wild rice and 4 cups of water to boil. Reduce heat, cover and simmer over low heat for about 45 minutes or until rice is tender. Drain, and set aside.

In a large soup pot, heat the olive oil over medium-high heat. Stir in the onion, squash and carrots. Cook for about 10 minutes until onion is translucent. Stir in garlic and herbs, cook a few minutes longer. Pour in the stock, cover and bring to a boil. Reduce heat and simmer until the vegetables are tender about 10 minutes. Stir in the turkey stock, ricotta cheese, pork, fresh lemon juice, maple syrup, cooked wild rice and season with salt and pepper. Cook about 10 minutes longer or until rice is tender. Adjust seasonings. Ladle into soup bowls and garnish with pea shoots or more arugula. Serve or

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SPACES

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CIVIC CONSERVATORY

An oasis of green any time of year

By Sean Trembath

WHO? Sharon Leach, superintendent greenhouse and conservatory program City of Saskatoon

WHAT? The Saskatoon Civic Conservatory

WHERE? Located in the former Mendel Art Gallery building, the conservatory offers a rotating variety of flora for Saskatoon residents and visitors.

"I think it's a very unique and great spot," said Leach, whose work has included the conservatory for more than 20 years.

The entrance to the space is tucked in the side of the Mendel building's cityway. Once visitors descend a set of stairs, the conservatory is surrounded by greenery.

Open from 9 a.m. to 5 p.m. daily, the area is suitable for anything from a quick browse to an extended, serene sit down.

WHEN? Founded in 1964, the conservatory offers year-round access to lush greenery.

"Being a winter city, it allows people a beautiful indoor green space during our brown and grey months," Leach says.

The plants on offer rotate with the months. September's showstoppers and become give way to October's chrysanthemums. The choices are partially thematic and partially based on what flowers are able to thrive at different points in the calendar.

"With limited daylight in the winter we've found some ones that do really well," Leach says.

WHY? Leach says people come to the conservatory for all sorts of activities. Aside from the visual appeal, the space's long history in the city places it with some local traditions.

"I've seen three generations of a family come in and have a bit of hitting the centurion of the fountain," she says.

That particular family makes the top offer as a group.

"It's really embedded in some citizens' lives," Leach says.

Saskatooners are a common sight in the space. Program leaders are able to use the breadth of plants on offer as teaching tools.

"I think the staff does an excellent job of choosing material that's educational," Leach says.

People have used the conservatory to propose marriage and do memorial services. Batches have been dedicated to loved ones who built a connection to the space.

Many of the plants would bear naturally grown Saskatoon origin. Offering the wide variety they do has teaching benefits but, somewhat transparent, Leach recounts seeing recent immigrants finding a piece of home in the space.

"I've seen people come in and identify a plant that's native to their country and give us a to-go," she says.

Even though the Mendel has closed in advance of the opening of the new Renaissance Art Gallery of Saskatchewan, the garden isn't going anywhere.

"This conservatory will continue to be a place for Saskatoon residents and visitors," Leach says.



SPACES



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EVENTS

What you need to know to plan your week.
Send events to QC@leaderpost.com

MUSIC

Wednesday, Oct. 16

Wine & Day fanfare

11:30 a.m.-2:30 p.m. and 7-10 p.m.
U of W Robell Centre University
theatre

**Wednesday Night Folk: The Sean
Harris Duo**
Duchovnik, 2256 Dewdney

The Alley Gangs
Lapolda, 2330 Albert St.

Ben Caplan & Casual Smokers
Artful Dodger, 1631 11th Ave.

**Secondhand Habit, Mother Night,
Port Noles**
McNally's, 2226 Dewdney Ave.

**Unleash the Amplifiers, All Stars of
Orkef, Hell Hounds, Dystopian
Wasteland**
The Exchange, 2431 6th Ave.

Thursday, Oct. 15

Live music
Pat Dodge, 1952 Gault St.

Kasoke
8 p.m.-2 a.m. The Slip, 305 Albert
St.

Live on 11th CITT Local's Night
Artful Dodger, 1631 11th Ave.

**The Glorious Seas, Northcote, Poor
Young Things**
The Exchange, 2431 6th Ave.

Joe Bryant, Danny Oliver
McNally's, 2226 Dewdney Ave.

Friday, Oct. 16

Live music
4-7 p.m. Monarch Lounge, Hotel
Saskatchewan, 2025 Victoria
Ave.

Weekly Drum Circle
Instruments provided
7:30-9 p.m., The Living Space Centre,
3030 Down St. Cell Mktg, 306-555-
2918.

Kasoke



Patricia Pease is playing Sunday and Monday at the March Centre. GETTY IMAGES/PHOTO

8 p.m.-2 a.m. The Slip, 305 Albert St.

Dan Siller
McNally's, 2226 Dewdney Ave.

P&M Band
Artful Dodger, 1631 11th Ave.

Geoff Smith
Lancaster, 4029 Gordon Rd.

Paul Tibbs, Lennie Morgan
Cotino Regime (Shaw Lounge)
1640 Saskatchewan Dr.

Carvalho, Black Tongue, Lorne

Shore, Last Ten Seconds of Life
The Exchange, 2431 6th Ave.

Saturday, Oct. 17

Jam session
4 p.m. 4955 1st Ave. N.

Open Jam
6 p.m. Broadway's Lounge, 1307
Broadway Ave.

Live music Jam
All types of music welcome. Hosted
by Errol Kimlino.
4-8 p.m. The Slip, 305 Albert St.

Behind the Songs
Forlorn: David Moore, Alan Par-
sons and Mike Siro
Creative City Centre
1543 Hamilton St.

Ragdoll Glory
German Club, 1727 St. John St.

Kasoke
8 p.m.-2 a.m. The Slip, 305 Albert
St.

Behind the Songs
Creative City Centre
1543 Hamilton St.

Dan Siller
McNally's, 2226 Dewdney Ave.

Tom Holliston
Lancaster, 4029 Gordon Rd.

String Spectacular
Regina Symphony Orchestra
8 p.m. Government House
4057 Dewdney Ave.

Watt Kato Trio
The Capital, 1543 Hamilton St.

Green Sutter
Artful Dodger, 1631 11th Ave.

Sunday, Oct. 18

String Spectacular
Regina Symphony Orchestra
2 p.m. Government House
4057 Dewdney Ave.

Field Fest
2-5 p.m. Our Lady of Peace, 625
Broad St. N.

EVENTS

What you need to know to plan your week.
Send events to QC@leaderpost.com

Open Jam
3-4 p.m. Migo Club, 639 Victoria Ave.

Driver Quiret with Devel Kolb-nelov, piano
6 p.m. Knox-Metropolitan Church, 2346 Victoria Ave.

Karaoke
8 p.m.-2 a.m. The Six, 386 Albert St.

Sherie Twain
Brandt Centre

Will Street
Artful Dodger, 1631 11th Ave.

Boss Landwehr, Doreen Woods
The Exchange, 2431 8th Ave.
Monday, Oct. 19

Monday Night Jazz & Blues
Yoland Milneight
Bushenker, 2206 Dewdney Ave.

Karaoke
9 a.m.-12 a.m. The Six, 386 Albert St.

Sherie Twain
Brandt Centre

Open Mic
Artful Dodger, 1631 11th Ave.

We Hunt Buffalo
The Exchange, 2431 8th Ave.

Tuesday, Oct. 20

Acoustic Music
Rebelion, 1901 Dewdney Ave.

Karaoke
McMilly's, 2206 Dewdney Ave.

Karaoke
Artful Dodger, 1631 11th Ave.
Van Vulture Tiki

The Capitol, 1843 Hamilton St.

VISUAL ART

Zoechi Logan: A Natural History of Unnatural Things
Exploring the intersections between masculinity, identity, memory and place through drawing, comics and installation.
Oct. 15-Nov. 27. Art Gallery of Regina, 2420 Saskatchewan St.

Mark Sedore: Otherwise Viewed
Bold landscapes of overlooked areas on the grounds of the University of Regina in Wisconsin Park.
Until Oct. 16. University Club, Room 215, College West, University of Regina.

Toni Podalski: Solistaigle Dreams
New work that explores repetition and melancholia.
Until Oct. 16. Hapax Gallery, Em-

ative City Centre, 1843 Hamilton St.

Zane Wilson: Stripes and Bricks
Until Oct. 17. Mura Gallery, 106 2309 Broad St.

A Urban Group Show
Until Oct. 20. Newswise Gallery, 2148 Albert St.

Summer in Contemporary Canadian Fine Art and Wendy Nelson: Unpacking Landscapes
Works of art explore Canadian landscape and wildlife.
Until Oct. 31. Scott Nicholson Fine Arts, Regina Centre Crossing, 1641 Albert St.

Gregory Genda: Seating the Bush in London
Polish-Canadian artist Gregory Genda took hundreds of photographs of one common barrel hedge that was sculpted into a rectangular form. The resulting

collage project explores attempts to civilize and control nature.
Until Nov. 4. Dunslop Art Gallery — Sherwood Village Branch, 6021 Kochdale Blvd.

Zoechi Logan: Wunderkammer
Until Nov. 7. Mura Fine Art Gallery, 2078 Haultain St.

Barbara Menzies: Keeping the Tower
The artist reveals herself stacking dozens of books to block her entryways, seeking herself off from the world. Trapped behind this barrier of countless books, Menzies literally steps into the words on printed pages in effort to find freedom in the text.
Until Nov. 14. Dunslop Art Gallery — Central Branch, 2371 12th Ave.

Continued on Page 18

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City of Regina



EVENTS

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Roselee Finkel: (Re)framing the Camera

This exhibition extends the viewer with 288 portraits of indigenous artists and curators. Tucked in the midst of these black and white portraits are images of a former sort: small canvases that remind the family albums of Finkel's childhood. Until Nov. 22, Mackenzie Art Gallery, 3475 Albert St.

Edison Addition 3

A sprawling cross-section of permanent-collection prints (edition numbers 21-51) by artists including Andy Warhol, Mary Pratt and Shuhei Akiyoshi. The edition number is a bit of a paradox — a unique identification tag for something that is not unique, making the print's owner only somewhat special. Until Nov. 22, Mackenzie Art Gallery, 3475 Albert St.

Todd Henselbelen: Mood

Photography and artworks inspired by the artist's battle with mental illness. Through November, Artful Dodger, 1030 11th Ave.

Love at First Sight

Explore the collection of Drs. Morris and Jacqui Shumilacher. Highlights of the exhibition focus on their collection of Inuit, world, and western Canadian art that began in 1954. Until Jan. 3, Mackenzie Art Gallery, 3475 Albert St.

Assacade Gallery

2284 Smith St.
Open Tuesday to Friday, 10 a.m. - 5:30 p.m.; Saturday 10 a.m. - 5 p.m.

Neufeld Ground

203-1056 Smith St.
Open Tuesday to Saturday, 11 a.m. - 5 p.m.

First Seal Art Gallery

Represents indigenous visual art, practices, culture and history found in the province of Saskatchewan, Canada and globally.
Monday-Friday, 9 a.m. - 4 p.m.
First Nations University, 5 First Nations Way



Albert Short and his making people laugh Saturday night at the Casino Regina Show Lounge. COURTESY REGINA FILM PHOTO

COMEDY

Martin Short

Oct. 17, 8 p.m.
Casino Regina Show Lounge
1660 Saskatchewan Dr.

The Laugh Shop

Live stand-up Saturday nights, 9:30 p.m.

Samuel Hotel, 1008 Victoria Ave.

PERFORMANCE

Buddy MacIsaac and the Other Fellers

Song, skits, monologues and more — an all-federated concert.

Oct. 14, 6 p.m.
Casino Regina Show Lounge
1660 Saskatchewan Dr.

Wendy Up Poetry Slam

Featuring Andre Prefontaine
Oct. 16, 7:30 p.m.
Creative City Centre
1963 Hamilton St.

Rockin' Out: A Halloween Variety Show

Queen City Cabaret presents burlesque, belly dance, modern dance and performance art.
Oct. 11, 8 p.m.
The Exchange, 3431 6th Ave.

Living Poets Society

Spoken word open mic night
Every Tuesday, 9 p.m.
Headish Lounge, 2055 Broad St.

Wool Gathering

A Fiddlers and Tamara Unice collaboration combining elements of dance and visual art.
Oct. 20-24, 8 p.m.
The Artesian, 2027 13th Ave.

DANCING

Scottish Dancing

Call 306-946-3927 for more information.
Wednesday, 6:45-9 p.m.
Victoria Club, 1000 Victoria Ave.

Salsa Dancing

Oct. 14, 8-11:30 p.m.
Cathedral Village Innhouse, 2082 Albert St.

Square Dancing

Learn to square dance. First two nights free.
Thursday, 6-7:30 p.m.
St. James Anglican Church, 100 Empress St.

Minus One Club Dance

Featuring Live Only
Oct. 10, 5 p.m. - midnight
Regina Senior Citizens Centre, 2034 Winnipeg St.

Regina Ballroom Dancing club

practice dance
Oct. 11, 7:30-10:45 p.m.
Lakewood Church Hall, 3200 McColl Ave.

Octoberfest Dance

Featuring Alan Bump and The Polka. Half lunch served. For tickets (\$18), call 306-543-0261 or 306-949-9109.
Oct. 11, 6 p.m. - midnight
Holy Trinity Parish, 5020 Sherwood Dr.

EVENTS

What you need to know to plan your week.
Send events to QC@leaderpost.com

Dance

Live band will play polka, two-step and modern music. \$3 admission.
Oct. 17, 8-11:30 p.m.
4815 1st Ave. N.

Music Juggling

Free class. No experience necessary. Call 304-523-1393 to sign up, or register at the door.
Monday, 6-7:30 p.m.
New Dance Horizons, 2201 Harvey St.

SPORTS

Men's hockey

U of R Cougars vs. Alberta
Oct. 16, 7 p.m. Co-Operators Centre, Ernie Place

Women's soccer

U of R Cougars vs. Alberta
Oct. 17, noon. U of R Field

U of R Bears vs. Manitoba

Oct. 17, 4 p.m. Mosaic Stadium

Men's hockey

U of R Cougars vs. Alberta
Oct. 17, 7 p.m. Co-Operators Centre, Ernie Place

Women's soccer

U of R Cougars vs. UNBC
Oct. 18, noon. U of R Field

FOR FAMILIES

Stare and Stride

Wednesday, 10 a.m.
Campus Outdoor Southland Mall,
3625 Gordon Rd.

Build and Grow Clinics

Build a special feature project. For children ages 5 and up.
Saturday, 10 a.m.
Lowers, 4355 Gordon Rd.

Michael's Kids Club

Saturday, 10 a.m. - noon
2666 Prince of Wales Dr.

Family Favorites Film

Enjoy a favourite film for \$2.50.
Saturday, 11 a.m. Galaxy Cinemas,
430 McCarthy Blvd. N.

Family activities

Saturday and Sunday, 2 p.m.
Saskatchewan Science Centre,
2903 Powerhouse Dr.

Family Studio Sundays

Sunday, 3-4 p.m.
MacKenzie Art Gallery, 3475 Albert St.

Super Sunday Movies

A different family movie each week.
\$2 per person. Snacks available for purchase.
Sunday, 2:30 p.m.
Royal Saskatchewan Museum,
2643 Albert St.

Science Time for Kids

Interactive workshop aimed at early learners.
Tuesday, 9:30-10 a.m.
Saskatchewan Science Centre,
2903 Powerhouse Dr.

Drop-in crafts and gym

Free event for youth ages 5-18.
Tuesday, 4-6 p.m.
Eastview Community Centre, 815 6th Ave.

MUSEUMS

Black Museum Picture Exhibit
Explore some of the macabre and chilling periods from the RCMP.
Historical Collections including anti-

drone gathered from some of the most infamous cases of Canadian crime.
Exhibition runs until Oct. 31. Open 11 a.m.-5 p.m. daily.
RCMP Heritage Centre, 5907 Dewdney Ave.

Alex Young School of Museum

1800 4th Ave.
Tours by appointment only (306-523-3000)

Government House Museum & Heritage Property

4007 Dewdney Ave.
Open daily 9 a.m.-5 p.m.

Regina Firefighters Museum

1205 Ross Ave.
Tours by appointment (306-773-7774)

Regina Flood Conservatory

14506 4th Ave.
Open daily, 1-4:30 p.m.

Royal Saskatchewan Museum

2643 Albert St.
Open 9:30 a.m.-5 p.m. daily

Saskatchewan Military Museum

1600 Lightstone St.
Open Monday and Thursday, 1-4 p.m., or by appointment (306-347-9349)

Continued on Page 20



Northcott, aka Matt Gaud, performs Thursday at the Exchange. PHOTO BY TROY BLOOM

EVENTS

What you need to know to plan your week.
Send events to QC@leaderpost.com

Saskatchewan Science Centre
2953 Powerhouse Dr.
Tuesday-Friday 9 a.m.-5 p.m.
Saturday: Sunday and holidays,
noon-5 p.m.
Closed Mondays.

Saskatchewan Sports Hall of Fame
2205 Victoria Ave.
Monday-Friday 10 a.m.-6:30 p.m.,
Saturday noon-5 p.m.

OTHER HAPPENINGS

ICMHP Corporate Major's Parade
Weekends, 12:45 p.m.
ICMHP Depot Division, 5605 16th
Ave.

All Nations Healer Thera Artz
Learn to play music, dance and per-
form in free arts-based workshops,
cultural teachings and employment
workshops. For people ages 13 to 22
on a budget.
Wednesday, Monday and Tuesday,
5-7 p.m. (latter 4-5 p.m.)
INACA, 1942 Mile 169 St.

Soul Sisters Speed Social
An opportunity for women to meet
other women for friendship or net-
working purposes.
Oct. 16, 7 p.m.
Creative City Centre, 1843 Hamilton
St.

Reconnectors Breakfast
Cassidy's Centre will speak
on owning your identity. Email
cassidyrc@gmail.com for tick-
ets.
Oct. 13, 8:30 a.m. Itananda Plaza,
104 Victoria Ave.

Zenlike Potomene
Adults only. Cash bar. Live entertain-
ment and alcohol-free themed
parties. Zenlike attire encouraged.
Tickets \$10 with a food bank dona-
tion.
Oct. 16, 6:30-10 p.m.
ICMHP Heritage Centre, 9907 Den-
dery Ave.

Life Drawing Sessions
No formal instruction, all skill levels.



The Regina Harvest Market moves back indoors this Saturday. QC staff photo by Michelle An.

encouraged. Model will be made
with the exception of a few special
costumed sessions. Bring your own
drawing materials. \$12.
Thursday, 7-10 p.m.
Creative City Centre, 1843 Hamilton
St.

Harvest of Art
Prairie Artists Guild annual art
show and sale
Oct. 16, 1-5 p.m.
Oct. 17-18, 9 a.m.-5 p.m.
Executive Royal Hotel, 4035 Albert
St.

Reels, Soul and Spirit Expo
Oct. 16, 3-5 p.m.
Oct. 17, 10 a.m.-7 p.m.
Oct. 18, 11 a.m.-5 p.m.
Queensbury Convention Centre,
Evans Place

Annual Sale Art Auction
Food, drinks, art and entertain-
ment. Tickets \$10.
Oct. 16, 7 p.m.
Mandeville Art Gallery, 3475 Albert
St.

Is the Wolf

Comedy night, Bright Tynes Dog
Rescue Fundraiser
Oct. 16, 7 p.m. Victoria Club, 1209
Victoria Ave.

Regina Perovne Market
Saturday 9 a.m.-1 p.m.
We We Shirts on Hall, 2065 Ham-
ilton St.

Pot Beverage & Bake Sale
Oct. 17, 9:30 a.m.-1 p.m.
Westminster United Church, 3045
12th Ave. Use Cameron Street
entrance

**Symposium of Learning for Older
Adults**
Oct. 17, 9:30 a.m.-1:30 p.m.
Select one of four seminars:
Cooking for One or Two, Financial
Planning, Emotional and Physical
Fitness and Pre-Planning Funerals.
Lunch included in \$30 fee. Call 306-
775-1815 to register.
Westhill Park Baptist Church, 6025
Shenando Dr.

Regina Fall Home Show
Oct. 17, 10 a.m.-7 p.m.
Oct. 18, 10 a.m.-4:30 p.m.
Canada Centre Building, Evans
Place

**Regina Coin Club Fall show and
sale**
Oct. 17-18
Turvey Centre, Armour Rd.

Peshian Potluck
Fashion by Suzanne's. Lunch and
fashion show \$15. Tickets must be
purchased in advance. Call 306-
932-5088.
Oct. 12, 12:15 p.m.
St. Matthew's Anglican Church,
201 Winnipeg St.

**Angels & Warrents Inc. Come & Go
Fundraiser Tea**
Door prize and silent auction. \$5
admission.
Oct. 17, 1-3 p.m.
Regina Village, 4350 16th Ave.

Potluck Supper
\$16/adults, \$10/child (5-10) &
under \$ free. Call 306-362-7526 or
306-767-6245 for tickets.
Oct. 17, 4:15 and 6:30 p.m. sittings
Broadway United Church, 105
Broadway Ave.

Steak Night
Fundraiser for the Sons of Beeth-
len. \$25 includes steak with all the
trimmings and a beer. Call 306-
769-6936 for tickets.
Oct. 15-17 p.m.
Lent Skene, 127 Albert St.

Turkey Supper
\$15 for adults. Buy tickets in ad-
vance at 306-558-4420.
Oct. 17, two sittings
All Saints Anglican Church, 142
Murray Rd.

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EVENTS

What you need to know to plan your week.
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Lumsden Lions Fall Super
\$15 for adults, \$7 for children. Call
306-731-5583 for tickets.
Oct. 18, 4-7 p.m.
Lumsden Centennial Hall

Bridge lessons
Learn to play bridge or improve your
game. Call 306-366-7044. For more
information, Mondays 6:30 p.m. 349
Albert St.

Wired for seniors
For more information call Mary 306-
769-5664 or Rod 306-769-1368.
Tuesday, 9:30 a.m.
East sanctuary, Living Spirit Centre,
3018 Dawn Dr.

Chowday Challenge
Drop-in gathering of board game
enthusiasts.
Tuesday, 6 p.m. - midnight
Boston Place, 343 Albert St., N.

FILM

Sam & Grace
Comedy/Drama
Aspiring chef Sam (Oscar Sy), who
emigrated to Canada 10 years ago from
Switzerland, plugs away at various lowly
jobs. Alice (Charlotte Gainsbourg) is
a burnt-out senior associate. When
they meet, their lives take a comic
and romantic turn.

Manu
Documentary
Three elite climbers struggle to find
their way through obsession and
tragedy as they attempt to climb Mount
Manu.

Argyle Public Library/Theatre
2311 25th Ave., 306-777-8134
11 p.m.

No The Arctic 30
Documentary
A mother polar bear and her twin
seven-month-old cubs navigate
the changing Arctic wilderness they
call home. They struggle to survive
in a vast and evermore of melting
ice, immense glaciers, spectacular
waterfalls and majestic snow-capped
peaks. Narrated by Meryl Streep.

Hubble 30
Documentary



Jack Black stars in *Goats*, which opens in theatres Friday.

Almost space shuttle Atlantis in May
2009, astronauts documented five
spacewalks to repair and upgrade
the Hubble space telescope. Journey
through distant galaxies to explore
the grandeur and mysteries of our
cosmic surroundings. Narrated by
Leonardo DiCaprio.

Jerusalem
Drama
A tour of one of the world's oldest
cities, destroyed and rebuilt count-
less times over 3,600 years. The film
follows three young Jerusalemites
and their families — Jewish, Christian
and Muslim — as archaeologist Dr.
Josh Magness explores some historical
sites in this region. Narrated by

Sebastian Gubierich

Answer line
2608 Powershouse Dr.
306-322-4829

NEW MOVIES

Bridge of Spies
Thriller
During the Cold War, the CIA sends
U.S. Navy Aviator Commander
James Donovan (Tom Hanks) to
negotiate the release of American
U-2 spy plane pilot Francis Gary Powers,
captured by the Soviets. Also
starring Mark Rylance, Amy Ryan,
and John Allen.

Crimson Peak

Thriller

A young woman (Lily Winkler) falls
for a mysterious stranger (Tom
Holliston) and finds herself swept
away to a house filled with secrets
that will haunt her forever.

Goosebumps

Horror

After moving to small-town Greenfield,
Mid., teenager Zach Cooper (Olan
Munroe) meets beautiful girl next
door Hannah (Odeya Rush). Hannah's
father, R.L. Stine (Jack Black), as the
of the *Goosebumps* series, weaves all
the ghosts and monsters looked in
his books. When Zach inadvertently
releases this creature, the three team

up to send them back where they
came from.

Saskatoon Cinemas
420 McCarthy Blvd. N.
306-322-9098

Cinemas Odeon
Southland Mall Cinemas
3020 Dundas Rd., 306-383-1383

Rainbow Cinemas
Golden Mile Shopping Centre
3806 Albert St., 306-329-5250

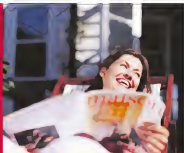
Event listings are often corrected or added
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LEADER-POST

GARDENING

GARDENING IN SASKATCHEWAN

Autumn sedum adds colour late in season

By Erl Svendsen

Come early September and into October, most gardens are done — many annuals have perished or been damaged by near freezing nighttime temperatures, many perennials are past their prime even though some may still be putting on a show like false sunflower, Joe Pye Weed and others, and trees have started dropping their leaves.

Most of the colour at this time of year comes from the surviving yellows and reds of tree and shrub leaves like Amur maple, Hill gold ash, burning bush and autumnberry. And if you've grown autumnal grasses, they are now mostly a one-time show (although taller specimens will continue to provide a visual and sound display throughout the winter overtop the snow). But early September is far too early to give up on flowering plants. Especially in the face of the fine weather extending well into October we have now and have been experiencing the last few days.

One herbaceous perennial that starts to add its blooms to the ever-changing garden properly late in the season isn't awarded its autumn showcase (aka autumn sedum).

Autumn showstopper is an easy-care, robust succulent with large, fleshy, oval leaves. Depending on the species and cultivar, some can reach up to 35 cm tall by 60 cm wide, although most are usually around 45 cm tall and wide. At base the taller varieties are, you can pinch them back by half in June. Leaf colours include light to dark green, variegated green with white/cream/yellow, 'beacon', and dark red. But it is the clusters of domes and flames of tiny flowers forming large beehive-like heads in shades of white, purple, lavender, pink, salmon or red held above the foliage that set the red-tinted show apart into its own class.

The taller varieties make good cut flowers in full bouquet. Like most succulents, autumn showstopper prefers full sun and well-drained soil, kept dry to evenly moist — stand



Autumn sedum. PHOTO BY SHAR WILLIAMS

ing water in its hole now. It is particularly tolerant of poor soils and is considered drought tolerant. For those that live on an average, deer and rabbits apparently prefer to eat more palatable fare (i.e. they avoid sedum as a rule). Leave the dried seed heads for winter interest, clean up in early spring before new growth starts. Divide plants in spring once established.

Cultivar worth trying:

Autumn Beacon 45 cm tall x 60 cm wide, yellow with green centre foliage; compact mound; light coral pink flowers fading to red over time.

Autumn Delight 45 cm tall x 60 cm wide, variegated chartreuse and blue-green foliage, compact mound, shell pink flowers fading to red over time.

Autumn Fire 35 cm tall x 60 cm wide; greyish-green foliage; domes more upright than 'Autumn Joy', rose-colored flowers.

Autumn Joy 60 cm tall and wide, greyish green foliage, upright, spreading habit, salmon pink flowers deepening to leucous red.

Beaumont 45–60 cm tall and wide, light green foliage, upright, spreading habit, mauve-pink flowers.

Brandy Morn 60 cm tall x 45 cm wide, white edged greyish green foliage, upright, spreading habit, white flowers.

Mediovariegatum 50 cm tall x 45 cm wide, green edged battery yellow leaves, upright, spreading habit, white flowers with shell-pink overtones.

Monstrum Dark Red 45–60 cm tall and wide, bronze foliage, sometimes floppy habit in rich moist sites (pinch back in June to produce more compact plants), crimson rose flowers.

Neon 45–60 cm tall and wide,

light green foliage, sometimes floppy habit in rich moist sites (pinch back in June to produce more compact plants), deep magenta deepening to rich rusty red flowers.

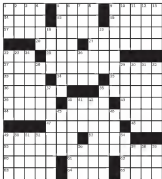
This column is provided courtesy of the Saskatoon Perennial Society (www.saskperennial.ca/). Horticulturist, author, NGS award-winning author/enthusiast. Check out our booth at the Board or Calendar for upcoming garden information, autumn work shops and tours. Oct 21, 7-8pm Lyndale Power's Perennial Perennial. Oct 27, 10am-12pm. 600 1st Ave. #201, Saskatoon.

#CROSSWORD

NEW YORK TIMES Edited by MAY STORZ

ACROSS

- 1 Shade of black
 7 Do around
 9 Usually taken after the
 14 "Guns" drama; "____ and the King"
 16 "____" (novel)
 18 Cause of some abdominal cramps
 19 Kindway to happiness
 20 Inc.
 21 Use show horses
 22 Into cup
 25 Comm.
 27 Adapt to; whole episode has a "Yin" or "Yang" (anime)
 33 Collector's snuff
 36 They can live on TV as well
 38 Cook
 39 Go (band)
 38 Hopes ____ are usually lost
 39 Value of "Right is there?"
 40 Cause incidence of baby's fear
 42 Coasts of the down
 44 HBO & its long list
 47 ____ magazine (anime)
 48 (in classical symphony, a string)



PUZZLE BY TRISA SHAMONE

- 53 Personalized pain
 58 "____" (anime)
 60 ____ & Apple
 61 Author Marlowe
 62 Ever flow in SE to the
 63 "____" (anime)
 64 ____ (first actor to play Superman on screen) (M&M)
 65 Chewy tiramisu sort

DOWN

- 1 Old World House
 2 "____" (anime)
 3 "____" (anime)
 4 "The Blue Dahlia" star
 5 ____

JANRIC CLASSIC SUDOKU

Levels: Silver

Fill in the blank only numbers 1 to 9. Each number can appear only once in each row, column and 3x3 block. Use logic and process of elimination to solve the puzzle.

The difficulty level ranges from Bronze (easiest) to Silver to Gold (hardest).



Solution to the crossword puzzle and the Sudoku can be found on Page 27

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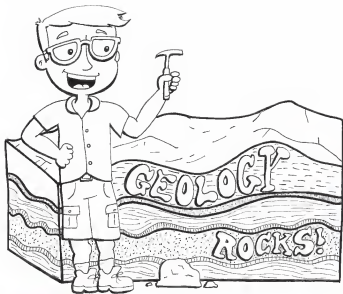
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OUTSIDE THE LINES



Colouring contest

Each week artist Stephanie Molloy creates a family illustration meant to please lots of all ages.

Children can colour the page, have a picture taken with the finished product and email it to lead@leaderpost.com. One winner will be chosen each week.

Please send **high-resolution** pictures and include the child's name and contact information.



Last week's JQC colouring contest winner was **Ethan Nechaika**. Congratulations! Thanks to all for your creative submissions. Try again this week!

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WINE WORLD

CABERNET SAUVIGNON

A time and a place for a soul-warming red

By James Romanow

Does the world seem colourless? Are you contentless in days in grey climates and nights without craft? Does the child in the car annoy you too much of the rest of your life? You need a wine that makes all your cares negligible. You need a wine that converts the sounds of your children from something akin to a dental drill to a pleasant background for life. It is time to open a bottle of soul-warming red. And it's likely best done right after you're through the door.

And what could be better than a new Canadian Cabernet Sauvignon? Oh sure they can be a little easy, a little contrived, but there's a time and a place for easy and contrived. I don't know about you but I read regurgitated novels. Mine when are the plots not contrived? That doesn't stop me from enjoying them.

A recent listing here is Twenty Bench Cabernet Sauvignon. It is a classic crowd-pleaser. The personality, responsible for the hell pepper aromas, are well under control. The same is true of the cooking aromas coconut and vanilla. They have done something harder to do than many wine makers think — they have managed to keep everything in balance.

It is still a California wine. The viscosity is higher than European and Chinese products.



I imagine the sugar content is between 5 and 10 g/L, about half that of Apogee. But more importantly this is a cabernet that cheerfully takes a slow-burner and goes back a great cherry-druby flavor out.

In short, it is the parental version of alcohol with milk. A special treat for those days that require it.

20 Bench Cabernet Sauvignon, U.S.A. 2014 vintage.

More wines to serve with autumn with Monday here, and on Twitter @jromanow.



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Crossword/Sudoku answers

COAL	DART	CELIE
ANNA	ENOW	COLLI
LET	DOWN	GUHAI
DUKE	GROOMED	
SIE	CRAZIES	
PSYCHOLOGY	TODAY	
IAMA	PSAS	AGORE
TIARAS	DIAGGS	
AMATE	BEAR	NOES
THEIR	ALL	STONE
CARLITO	OTS	
RESERVE	MALT	
ILLO	OTTON	WROD
CLERK	TONT	JOWA
HAUNT	ALYN	WINK

9	8	3	5	2	7	1	4	6
2	5	6	1	9	4	3	8	7
7	4	1	8	6	3	2	5	9
5	3	8	6	7	9	4	2	1
1	6	7	4	5	2	8	9	3
4	9	2	3	8	1	7	6	5
3	2	5	9	1	8	6	7	4
6	7	4	2	3	5	9	1	8
8	1	9	7	4	6	5	3	2

